

TRAININGSSHEMA 2023 - 2024 NAJAAR update 8 nov 2023

MAANDAG

VELD 1A	VELD 1B	start	eind	VELD 2A	VELD 2B	start	eind	VELD 3A	VELD 3B	start	eind	VELD 6	Keepers			
		16.00	16.15	JO9.3/4/5/6/7/8/9		16.00	16.15			16.00	16.15					
		16.15	16.30				16.15	16.30			16.15	16.30				
JO12.1/2/3		16.30	16.45				16.30	16.45		JO9.1/2	JO10.1/2	16.30	16.45	JO8.1/2/3		
		16.45	17.00				16.45	17.00				16.45	17.00			
		17.00	17.15				17.00	17.15		17.00	17.15					
	17.15	17.30			17.15	17.30				17.15	17.30					
	17.30	17.45		JO13.1		17.30	17.45				17.30	17.45				
	17.45	18.00					17.45	18.00				17.45	18.00			
JO15.1	JO14.1	18.00	18.15		JO13.2	18.00	18.15		MO20.1		18.00	18.15	JO11.1/2			
		18.15	18.30				18.15	18.30			18.15	18.30				
	18.30	18.45				18.30	18.45					18.30		18.45		
	18.45	19.00				18.45	19.00					18.45		19.00		
	19.00	19.15				19.00	19.15					19.00		19.15		
JO16.2	JO16.1	19.15	19.30	JO14.2	JO17.2	19.15	19.30	JO15.2	JO18.2		19.15	19.30				
		19.30	19.45							19.30	19.45		19.30	19.45		
		19.45	20.00						19.45	20.00				19.45	20.00	JO16.3 Ouder
20.00	20.15			20.00	20.15					20.00	20.15					
	20.15	20.30				20.15	20.30			JO19.2		20.15	20.30			
	20.30	20.45				20.30	20.45					20.30	20.45			
JO18.1	JO17.1	20.45	21.00	Wedstrijd 11x11		20.45	21.00	JO19.1			20.45	21.00				
		21.00	21.15						21.00	21.15			21.00	21.15		
		21.15	21.30						21.15	21.30			21.15	21.30		
		21.30	21.45						21.30	21.45			21.30	21.45		
		21.45	22.00						21.45	22.00			21.45	22.00		

TRAININGSSHEMA 2023 - 2024 NAJAAR update 8 nov 2023

DINSDAG

VELD 1A	VELD 1B	start	eind	VELD 2A	VELD 2B	start	eind	VELD 3A	VELD 3B	start	eind	VELD 6	Keepers	
	KEEPERS	16.00	16.15	JO11.4/5/6/7/8/9 MO11.1/2		16.00	16.15	JO12.1/2/3		16.00	16.15	JO9.1/2 JO10.1/2	JO12.1/2 Veld 1B	
		16.15	16.30			16.15	16.30			16.15	16.30			
		16.30	16.45			16.30	16.45			16.30	16.45			
		16.45	17.00			16.45	17.00			16.45	17.00			
MO13.1	KEEPERS	17.00	17.15	JO12.4/5/6/7/8 JO11-3 MO12-1		17.00	17.15			17.00	17.15		JO13.1/2 Veld 1B	
		17.15	17.30			17.15	17.30			17.15	17.30			
		17.30	17.45			17.30	17.45			17.30	17.45			
		17.45	18.00			17.45	18.00			17.45	18.00			
MO15.2	KEEPERS	18.00	18.15	JO14.1 JV	JO11.1/2	18.00	18.15	JO13.3 en JO14.4/5		18.00	18.15	KEEPERS	JO15.1/2 Veld 1B	O11/O12 Breedte Veld 6
		18.15	18.30			18.15	18.30			18.15	18.30			
		18.30	18.45	18.30	18.45	18.30	18.45							
		18.45	19.00	18.45	19.00	18.45	19.00							
MO17.1	KEEPERS	19.00	19.15			19.00	19.15	JO14.3 en JO15.3/4		19.00	19.15		JO16.1/2 JO17.1/2 Veld 1B	O13 t/m O15 Breedte Veld 6
		19.15	19.30			19.15	19.30			19.15	19.30			
		19.30	19.45	19.30	19.45	19.30	19.45							
		19.45	20.00	19.45	20.00	19.45	20.00							
	KEEPERS	20.00	20.15			20.00	20.15	JO16.3/4		20.00	20.15		JO18.1, Za2 en Za1 Veld 1B	O16 t/m O19 Breedte Veld 6
		20.15	20.30			20.15	20.30			20.15	20.30			
		20.30	20.45	20.30	20.45	20.30	20.45							
		20.45	21.00	20.45	21.00	20.45	21.00							
Za1	KEEPERS	21.00	21.15	Za2	JO17.1	21.00	21.15	JO23.1		21.00	21.15			
		21.15	21.30			21.15	21.30			21.15	21.30			
		21.30	21.45			21.30	21.45			21.30	21.45			
		21.45	22.00			21.45	22.00			21.45	22.00			

TRAININGSSCHEMA 2023 - 2024 NAJAAR update 8 nov 2023

WOENSDAG

VELD 1A	VELD 1B	start	eind	VELD 2A	VELD 2B	start	eind	VELD 3A	VELD 3B	start	eind	VELD 6	Keepers				
		13.45	14.00			13.45	14.00			13.45	14.00						
		14.00	14.15			14.00	14.15			14.00	14.15						
		14.15	14.30			14.15	14.30			14.15	14.30						
MS & LS Startdatum 13 september		14.30	14.45			14.30	14.45			14.30	14.45						
		14.45	15.00			14.45	15.00			14.45	15.00						
		15.00	15.15			15.00	15.15			15.00	15.15						
		15.15	15.30			15.15	15.30			15.15	15.30						
MS & LS Startdatum 13 september		15.30	15.45	JO8.4/5/6/7/8/9/10				15.30	15.45		15.30	15.45					
		15.45	16.00					15.45	16.00		15.45	16.00		15.45	16.00		
		16.00	16.15					16.00	16.15		16.00	16.15		16.00	16.15		
		16.15	16.30					16.15	16.30		16.15	16.30		16.15	16.30		
JO11.3 Ouder		16.30	16.45	JO10.3/4/5/6/7/8/9				16.30	16.45		16.30	16.45					
		16.45	17.00					16.45	17.00		16.45	17.00		16.45	17.00		
		17.00	17.15					17.00	17.15		17.00	17.15		17.00	17.15		
		17.15	17.30					17.15	17.30		17.15	17.30		17.15	17.30		
		17.30	17.45			17.30	17.45	JO13.1		17.30	17.45						
		17.45	18.00	JO13.4/5/6						17.45	18.00		17.45	18.00			
Wedstrijd 11x11		18.00	18.15					JO17.4/5				18.00	18.15	JO18.4		18.00	18.15
		18.15	18.30	18.15	18.30	18.15	18.30						18.15			18.30	
		18.30	18.45	JO17.4/5				18.30	18.45	JO18.3		18.30	18.45	JO15.3 Ouder			
		18.45	19.00					18.45	19.00			18.45	19.00			18.45	19.00
		19.00	19.15	JO17.4/5				19.00	19.15	JO18.3		19.00	19.15				
		19.15	19.30					19.15	19.30			19.15	19.30	19.15	19.30		
19.30	19.45	JO17.4/5				19.30	19.45	JO18.3		19.30	19.45						
19.45	20.00					19.45	20.00			19.45	20.00	19.45	20.00				
20.00	20.15	JO17.3		JO17.4/5				20.00	20.15	JO18.2		20.00	20.15				
20.15	20.30							20.15	20.30			20.15	20.30	20.15	20.30		
VOVC		20.30	20.45	VOVC		VOVC				Dames 30+		20.30	20.45	VOVC			
		20.45	21.00									20.45	21.00			20.45	21.00
		21.00	21.15									21.00	21.15			21.00	21.15
		21.15	21.30									21.15	21.30			21.15	21.30
		21.30	21.45	JO19.1		VOVC				21.30	21.45	VOVC					
		21.45	22.00							21.45	22.00			21.45	22.00		

TRAININGSSHEMA 2023 - 2024 NAJAAR update 8 nov 2023

DONDERDAG

VELD 1A	VELD 1B	start	eind	VELD 2A	VELD 2B	start	eind	VELD 3A	VELD 3B	start	eind	VELD 6	Keepers	
	KEEPERS	16.00 - 16.15				16.00 - 16.15				16.00 - 16.15			JO11.1/2 Veld 1B	
		16.15 - 16.30				16.15 - 16.30				16.15 - 16.30				
JO9.1/2		16.30 - 16.45	JO10.1/2	JO12.1/2/3		16.30 - 16.45				16.30 - 16.45	JO8.1/2/3		JO14.1/2 Veld 1B	
		16.45 - 17.00				16.45 - 17.00			16.45 - 17.00					
		17.00 - 17.15				17.00 - 17.15			17.00 - 17.15					
		17.15 - 17.30				17.15 - 17.30			17.15 - 17.30					
		17.30 - 17.45				17.30 - 17.45			17.30 - 17.45					
	17.45 - 18.00			17.45 - 18.00					17.45 - 18.00			JO14.1/2 Geintegreed		
JO13.1	JO13.2	18.00 - 18.15	JO14.1	JO15.1	18.00 - 18.15	JO14.2	MO15.1	18.00 - 18.15	JO11.1/2	18.15 - 18.30			JO17.1/2 Geintegreed	O13.1 O15.1 Geintegreed
		18.15 - 18.30			18.15 - 18.30			18.15 - 18.30						
		18.30 - 18.45			18.30 - 18.45			18.30 - 18.45						
	18.45 - 19.00			18.45 - 19.00			MO17.1	18.45 - 19.00						
JO17.1	JO17.2	19.00 - 19.15	JO16.1	JO16.2	19.00 - 19.15	JO15.2		MO20.1	19.00 - 19.15			O16.1 Geintegreed		
		19.15 - 19.30			19.15 - 19.30				19.15 - 19.30					
		19.30 - 19.45			19.30 - 19.45		19.30 - 19.45							
	19.45 - 20.00			19.45 - 20.00				19.45 - 20.00						
	20.00 - 20.15			20.00 - 20.15				20.00 - 20.15						
	20.15 - 20.30			20.15 - 20.30				20.15 - 20.30						
Za1		20.30 - 20.45	Za2	Za3	20.30 - 20.45	JO18.1	Veteranen	20.30 - 20.45	JO11.1/2	20.30 - 20.45		Za2 en Za1 Geintegreed	O18.1 Geintegreed	
		20.45 - 21.00			20.45 - 21.00			20.45 - 21.00						
		21.00 - 21.15			21.00 - 21.15			21.00 - 21.15						
		21.15 - 21.30			21.15 - 21.30			21.15 - 21.30						
		21.30 - 21.45			21.30 - 21.45			21.30 - 21.45						
	21.45 - 22.00			21.45 - 22.00				21.45 - 22.00						

TRAININGSSCHEMA 2023 - 2024 NAJAAR update 8 nov 2023

VRIJDAG

VELD 1A	VELD 1B	start	eind	VELD 2A	VELD 2B	start	eind	VELD 3A	VELD 3B	start	eind	VELD 6	Keepers
		16.00	16.15			16.00	16.15			16.00	16.15		
		16.15	16.30			16.15	16.30			16.15	16.30		
		16.30	16.45			16.30	16.45			16.30	16.45		
		16.45	17.00			16.45	17.00			16.45	17.00		
Victoria Soccer Academy JO8 JO9 JO10 MO9/10		17.00	17.15			17.00	17.15	Victoria Soccer Academy JO13 MO13 MO15	JO11.6 Ouder	17.00	17.15		
		17.15	17.30			17.15	17.30			17.15	17.30		
		17.30	17.45			17.30	17.45			17.30	17.45		
		17.45	18.00			17.45	18.00			17.45	18.00		
		18.00	18.15			18.00	18.15			18.00	18.15		
Victoria Soccer Academy JO11 JO12 MO11 MO12		18.15	18.30			18.15	18.30	Victoria Soccer Academy JO14 JO15 JO16		18.15	18.30		
		18.30	18.45			18.30	18.45		18.30	18.45			
		18.45	19.00			18.45	19.00		18.45	19.00			
		19.00	19.15			19.00	19.15		19.00	19.15			
		19.15	19.30			19.15	19.30			19.15	19.30		
		19.30	19.45			19.30	19.45			19.30	19.45		
		19.45	20.00			19.45	20.00			19.45	20.00		
WEDSTRIJD 30+ VOVC		20.00	20.15	WEDSTRIJD 30+ VOVC		20.00	20.15	WEDSTRIJD 30+ VOVC		20.00	20.15		
		20.15	20.30			20.15	20.30		20.15	20.30			
		20.30	20.45			20.30	20.45		20.30	20.45			
		20.45	21.00			20.45	21.00		20.45	21.00			
		21.00	21.15			21.00	21.15		21.00	21.15			
		21.15	21.30			21.15	21.30		21.15	21.30			
		21.30	21.45			21.30	21.45		21.30	21.45			
	21.45	22.00		21.45	22.00	21.45	22.00						